TLC Heat Kit

Use these items to put together a TLC Heat Kit for your workers, to keep them healthy and safe in the warmest temperatures.

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| Items | |
| Sunscreen (SPF 30 or Higher w/ UVA & UVB protection) |  |
| Water bottles (with or without electrolytes) |  |
| Wide-brim Hats |  |
| Umbrellas or Other Shelter Options |  |
| Sunglasses (UVA or B protection) |  |
| Light Colored, Loose, Breathable Uniform Shirts |  |